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heart heart

bi-monthly e-news from Heart Havens



Your Support Makes a Real Difference

Dear ,

You're creating a brighter future for people with a developmental disability. Here's a snapshot of your impact and the latest updates:

Out on the Town - *The Wiz*



In April, Charles, Thomas, and Barry went with a family member out on the town to see the hit broad musical, *The Wiz*. Visiting the theater is a great opportunity to be out in the local community, grow with new experiences and have a wonderful time. Many of our residents have families who are actively involved in their lives and enjoy a full and healthy relationship as a sister, mother, brother, cousin, uncle, father, aunt, niece, or nephew. They spend holidays together or visit for weekends just like in other adult relationships, while Heart Havens provides the caregiver role for that day to day support.

In Their Words - Heart Havens Team Member

“When our guys are away for a day or two visiting their family, I miss them. When they come through the door with a big smile and hug for us, it melts your heart. They were just with their family, but you feel that they are happy to come home and be back with us.”

~Sharita W, Heart Havens Team Member

Wesley UMC Picnic

Heart Havens had a great time at a picnic hosted by our friends at Wesley United Methodist Church in Colonial Heights. After picking a lei, Heart Havens sat with friends from the church for a delicious lunch followed by a few rounds of bingo, complete with prizes and lots of smiles.



Welcome, Noah!



Welcome to our new friend, Noah who recently joined the Heart Havens Tate home.

Some of Noah's favorite things include tea pots, the song "I'm a little Tea Pot", and The Cozy Cottage Talking Tea Set. The "tea" is; he has been on the hunt for "CC" a long time and would love everyone's help to find her.

He loves to eat burgers, homemade Mac N Cheese and Welch's grape juice.

Noah's religion and fellowship with the church community is important to him. On a recent church tour at Duncan Memorial UMC, Noah got the opportunity explore the local UMC church and to play the organ which is one of his favorite sounds. In the near future, he would like the opportunity to tour other churches in the area and get to know the community and find his forever church home.

A Look Behind the Scenes The Hidden Costs of Home



When you think about Heart Havens, what do you picture? Residents sharing meals together, attending community events, or celebrating birthdays? What many people don't see are the behind-the-scenes expenses that make those moments possible.

Each Heart Havens house requires ongoing maintenance to remain the safe, comfortable, and welcoming homes our residents deserve. Roofs eventually need replacement. Gutters must be repaired to prevent water damage. Flooring wears down after years of daily use. HVAC systems, water heaters, appliances, plumbing, windows, and doors all require maintenance and replacement over time. For the adults who call Heart Havens home, these issues can be a threat to their comfort and security. Worn flooring can become a safety hazard. An aging heating and cooling system can impact health and quality of life. These hidden costs are critical investments to protect the homes and well-being of the people we serve, but Medicaid does not cover many of these home-related expenses. That's where generous donors make the difference.

One of the most powerful ways to help with these hidden costs is through monthly giving. Monthly gifts provide reliable support that allows Heart Havens to plan ahead and address needs before they become emergencies. Instead of waiting

until a roof fails or a major repair becomes urgent, recurring donations help us budget responsibly and maintain our homes proactively. These steady gifts help ensure that every Heart Havens resident has a safe, well-maintained place to call home—not just today, but for years to come.

Donate Monthly

Our Contact Information

Heart Havens, Inc.
7501 Boulders View Drive, Ste 205
Richmond, VA 23225-4047
804-237-6097
hearthavens.org



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