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heart *to* heart

bi-monthly e-news from Heart Havens



Your Support Makes a Real Difference

Dear *{{Name}}* ,

You're creating a brighter future for people with a developmental disability. Here's a snapshot of your impact and the latest updates:

Halloween Party with Shady Grove Youth

The central Virginia Heart Havens home residents joined together at the Tate home in Ashland to party together with Shady Grove United Methodist youth around Halloween themed crafts, a lunch of pizza and wings, and games like bingo.

Heart Havens residents love to celebrate. It was a great time to come together for an afternoon with new and old friends!



Smith Mountain Lake Wildlife Cruise



Thanks to a grant from the Greater Lynchburg Community Foundation, the Lynchburg residents went on a nature cruise on the *Virginia Dare* on Smith Mountain Lake. This was just one of several activities they were able to participate in thanks to the grant that provided community-based activities promoting inclusion, learning and overall well-being.



Mary Beth Graff Guys Visit Virginia Beach

Thomas, Chris and Barry traveled from Richmond to Virginia Beach for a day of exploring the boardwalk, visiting some historical markers, eating dinner and shopping for souvenirs. .



Local Event Spotlights



16TH ANNUAL

TIDEWATER AUTISM SUMMIT

Saturday November 8, 2025

11:00 AM - 2:00 PM

YMCA's Camp Grom

1181 Prosperity Road

Va. Beach, VA 23451

Hosted by
Virginia Autism Foundation

In conjunction with
Autism Society Tidewater Virginia (TASA)
Families of Autism Coming Together (FACT)

Title Sponsor:

Plan Bee Academy



Free admission for all and a free toy for each child!

Petting Zoo, inflatable play area, grants for Project Lifesaver Bracelets, FACT Summer camp and KelsKids swim lessons provided by the Virginia Autism Foundation



For more information or to preregister:
Mark@VirginiaAutismFoundation.com
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virginiaautismfoundation.com



Save the Date

Smile - only one month until

**GIVING
TUESDAY**

Tuesday, December 3



Our Contact Information

Heart Havens, Inc.

{{Organization Address}}

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hearthavens.org



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