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heart heart

bi-monthly e-news from Heart Havens



Your Support Makes a Real Difference

Dear ***{{Name}}*** ,

You're creating a brighter future for people with a developmental disability. Here's a snapshot of your impact and the latest updates:



Norfolk Botanical Gardens

Suzette and Melissa at the Macleigh-Holland house in Virginia beach visited the Norfolk Botanical Gardens on a sunny day.

The ladies enjoyed riding the tram with staff support through the garden and seeing the many beautiful plants and interesting statues.



Melissa stated she was the most excited most about the tram ride and Suzette thanked staff for a great day out in the gardens.

We're so grateful for your generous donations that made it possible to cover the transportation and admission costs for this activity.

CHEERING ON THE COMMUNITY



The guys at the Tate house cheered on runners on the sidelines of the Ashland Sports Backers Half-marathon and 5k in August.

Keith, Joshua and Christopher smiled and encouraged runners with cheers of "Let's go!" and "Keep going!"



Local Event Spotlight

Heart Havens is excited to be a sponsor for the Step Up for Down Syndrome event. The event will be held Saturday, October 11th at Dorey Park in Richmond from 9am – 1pm and includes a 5K run/walk, food trucks, game and activities for all ages, exhibitors, a silent auction and raffle and entertainment. We hope to see you there.

Lynchburg Community Foundation

Heart Havens received a grant for resident recreation from the Sackett-Graves Fund through the Lynchburg Community Foundation. Heart Havens' Lynchburg residents chose to use these funds to participate in several community activities including: the Virginia Dare Nature Cruise on Smith Mountain Lake, a day at Natural Bridge Safari Park, movie tickets, and tickets to see the Blind Boys of

Alabama Christmas Concert at Lynchburg Academy in November. Grants and donations help fund activities like these for Heart Havens' residents who might not otherwise have the disposable income to otherwise participate in these activities. Thank you!



Direct Support Professionals Week



September 7th to September 13th is Direct Support Professionals Week, a national time set aside to honor the hard work, compassionate care and dedication of Direct Support Professionals (DSPs) around the country. Heart Havens celebrates our DSPs during this week and we are so grateful for everything our DSP staff do to empower adults with disabilities.

GET YOUR GROUP INVOLVED

We're thrilled to invite you to partner with Heart Havens and turn your passion into purpose. Every donation and act of support helps bridge the gap between basic care and a truly vibrant life for the adults we serve.

Heart Havens gets requests on how community groups can get involved. Below, are a variety of options, from individual efforts to group activities. Choose the option that speaks to you and help us create a more inclusive, compassionate community for all.



FUNDRAISING MENU

FOOD BASED

Pancake Supper

Fish Fry

Steak Dinner

Dessert Auction



MARKETS

Yard Sale

Flower Sale

Bake Sale



VIRTUAL



Giving Tuesday
Campaign

Peer-to-Peer
Online challenges

SERVICE

Car Wash

Rake-a-thon



Golf Tournament

Cornhole Tournament

Basketball
Tournament



EVENTS & TOURNAMENTS



Household Supplies Drive

Gift Card Drive

Penny Drive

DRIVES



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